



New Carlisle Elementary

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Kathryn M. Randenburg
Principal

Health Information Regarding Head Lice for Parents

If you should find head lice in your child's hair, there are a number of things that are necessary for you to do.

First of all, you must treat the hair. There are many options available for you to try. The following is a list of treatments that have been found to be effective in the treatment of head lice:

Over the counter treatments, such as Nix or Rid, etc.

Suffocating agents, such as olive oil, VO5 or Queen Helene's Cholesterol Hair Conditioning Crème

These must be applied to the hair (saturate the head), cover with a shower cap and leave on for 3-4 hours before rinsing

Not Nice to Lice which is available at the Clark County Combined Health District CCCHD in Springfield (937-390-5600)

Louse Buster heat treatment which is available at the CCCHD

This is a newer treatment and has proven to be very effective in the treatment of head lice

Second, remember, treatment alone is not enough. All the nits must be removed before your child returns to school. Please bring your child to school to be checked (after treatment and all the nits are removed) so he/she can be cleared to returned to the classroom.

Then, you must do some extra house cleaning. Bed linens, blankets and pillows must be washed in hot water and then, dry on hot cycle for **at least 20 minutes**. Other items that require washing and drying are coats and any clothing the child has worn recently, or has come in contact with the child's head. Vacuum the carpets, mattresses and upholstered furniture, including the car seats. Any items that cannot be washed should be placed in plastic bags and sealed for **at least two weeks and up to four weeks**. Soaks combs, brushes and hair accessories in the medicated shampoo or hot water for **at least 20 minutes**, also.

Remember, to check every member of the family and treat as necessary. Avoid overuse of the medicated shampoos for they are a pesticide and can be toxic if misused. **Check your child daily for several weeks** after head lice has been found, even though you feel the problem has been taken care of. It only takes one missed nit to start the process over again.

Should you have any questions, please contact the school nurse, the school, or the Clark County Combined Health District. We would appreciate your cooperation in checking your child's hair every week during the school year and please report any cases to the school. Here at Tecumseh Local, we have a **NO NIT** policy. Please help us in keeping New Carlisle Elementary free of head lice.

Thank you for your support in this matter,

Mrs. Randenburg

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"Learning for all - whatever it takes"