## Instructions on use of an EpiPen

- 1. Remove gray cap
- 2. Place black tip on outer thigh
- 3. Jab firmly into outer thigh until auto-injector activates
- 4. Hold in place for several seconds
- 5. Remove injector and massage injection area for 10 seconds
- 6. Check black tip: If needle is exposed, you received the medication, if not repeat #3-5
- 7. CALL 911 AND GO IMMEDIATELY TO THE NEAREST HOSPITAL EMERGENCY ROOM. You may need further medical treatment. Tell the physician that you have received an injection of epinephrine. Give your used EpiPen to the physician for inspection and proper disposal.

## Storage of EpiPen

- 1. Epinephrine should not be refrigerated.
- 2. Epinephrine should not be exposed to extreme heat, such as in the glove compartment or trunk of a car during summer months.
- 3. Do not expose the EpiPen to direct sunlight. Store EpiPen in dark place at room temperature.
- 4. Check contents of the EpiPen regularly through the viewing window to make sure the solution is clear and colorless.
- 5. Always replace your EpiPen with a fresh unit prior to the expiration date
- 6. Parents can get free reminder service from www.epipen.com

## The following is to be completed by parent/guardian

What is your child allergic too:
How many times has your child been seen in the emergency room for this condition in the last year?
Please list symptoms your child has had during previous allergic reaction:
Other comments/instructions:
Outline a plan for field trips:
Outline a plan for when your child is riding the bus to and from school:
Will this student be carrying an Eni Pen* on the bus?