

Carb info

Meal Magic Cloud

Edit Cycles

	Name	# of Days
View	DISTRICT BREAKFAST MENU	19
View	ELEMENTARY MENU	19
View	HEADSTART SNACK	12
View	MS/HS LUNCH	19

Cycle: DISTRICT BREAKFAST MENU

- Day #1
 CEREAL, ASSORTED -24g to 28g each
 CHOC MUFFIN 2oz W/G -27g
 JUICE
 MILK - Variety -12g white choc 20g
 POPTART -76g
- Day #2
 APPLESTICK -230g
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
- Day #3
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 PEACH PANCAKE BOWL -41g
 POPTART
- Day #4
 CEREAL, ASSORTED
 FRENCH TOAST BITES -19g
 JUICE
 MILK - Variety
 POPTART
- Day #5
 BREAKFAST BAGEL -23g
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
- Day #6
 No Recipes
- Day #7
 No Recipes
- Day #8
 APPLE FILLED FRUDEL -36g
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
- Day #9
 CEREAL, ASSORTED
 CINNAMON PRETZEL STICK -30g
 JUICE
 MILK - Variety
 POPTART
- Day #10
 APPLE CINNAMON TEXAS TOAST -45g
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
- Day #11
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
 SAUSAGE PANCAKE BITES -20g
- Day #12
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
 W/G BREAKFAST PIZZA -28g
- Day #13
 No Recipes
- Day #14
 No Recipes
- Day #15
 BLUEBERRY MUFFIN 2oz W/G -30g
 CEREAL, ASSORTED
 JUICE
 MILK - Variety
 POPTART
- Day #16
 CEREAL, ASSORTED
 CINNAMON PULL APART -40g
 JUICE
 MILK - Variety
 POPTART
- Day #17

CEREAL,ASSORTED
JUICE
MILK - Variety
POPTART
STRAWBERRY PANCAKE BOWL - 39g
Day #18
BREAKFAST BUN - 40g
CEREAL,ASSORTED
JUICE
MILK - Variety
POPTART
Day #19
BREAKFAST UNCRUSTABLE - 16g
CEREAL,ASSORTED
JUICE
MILK - Variety
POPTART

Delete | Cancel

Carb Info

Meal Magic Cloud

Edit Cycles

	Name	# of Days
View	DISTRICT BREAKFAST MENU	19
View	ELEMENTARY MENU	19
View	HEADSTART SNACK	12
View	MS/HS LUNCH	19

Cycle: ELEMENTARY MENU

- Day #1
 CARROTS OR CHERRY TOMATOS
 FRUIT CHOICE
 MAC & CHEESE -28g
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP -44g
- Day #2
 BLACK BEANS OR REFRIED BEANS
 FIESTADA PIZZA -28g
 FRUIT CHOICE
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
- Day #3
 BROCCOLI OR TOSS SALAD
 FRUIT CHOICE
 HOT DOG ON BUN -22g
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
- Day #4
 CHEESEBURGER/BUN -30g
 FRUIT CHOICE
 MILK - Variety
 PEAS OR FRENCH FRIES
 SOFT PRETZEL/CHEESE CUP
- Day #5
 CHEESE BREADSTICKS -30g
 FRUIT CHOICE
 GREEN BEANS OR CAULIFLOWER
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
- Day #6
 No Recipes
- Day #7
 No Recipes
- Day #8
 CALZONE BITES -40g
 CARROTS OR CHERRY TOMATOS
 FRUIT CHOICE
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
- Day #9
 BLACK BEANS OR REFRIED BEANS
 FRUIT CHOICE
 MILK - Variety
 QUESADILLA -39g
 SOFT PRETZEL/CHEESE CUP
- Day #10
 BROCCOLI OR TOSS SALAD
 FISH SANDWICH -35g
 FRUIT CHOICE
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
- Day #11
 FRUIT CHOICE
 MILK - Variety
 PEAS OR FRENCH FRIES
 SLOPPY JOE ON BUN -29g
 SOFT PRETZEL/CHEESE CUP
- Day #12
 FRUIT CHOICE
 GREEN BEANS OR CAULIFLOWER
 MILK - Variety
 PIZZA
 SOFT PRETZEL/CHEESE CUP
- Day #13
 No Recipes
- Day #14
 No Recipes
- Day #15
 CARROTS OR CHERRY TOMATOS
 FRUIT CHOICE
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
 TANGERINE CHICKEN -62g
- Day #16
 BLACK BEANS OR REFRIED BEANS
 FRUIT CHOICE
 MILK - Variety
 SOFT PRETZEL/CHEESE CUP
 TACO STICKS -32g
- Day #17

BROCCOLI OR TOSS SALAD
CORN DOG - 33g
FRUIT CHOICE
MILK - Variety
SOFT PRETZEL/CHEESE CUP

Day #18

FRUIT CHOICE
GRILLED CHEESE - 31g
MILK - Variety
PEAS OR FRENCH FRIES
SOFT PRETZEL/CHEESE CUP

Day #19

BBQ SHREDDED PORK/BUN - 32g
FRUIT CHOICE
GREEN BEANS OR CAULIFLOWER
MILK - Variety
SOFT PRETZEL/CHEESE CUP

Delete

Cancel

Carb Info

Meal Magic Cloud

Edit: Copies

	Name	# of Days
View	DISTRICT BREAKFAST MENU	19
View	ELEMENTARY MENU	19
View	HEADSTART SNACK	12
View	MS/HS LUNCH	19

Cycle: MS/HS LUNCH

Day #1

buffalo chicken/tortilla chips -29g
 CARROTS OR CHERRY TOMATOS
 CHEF SALADw/CRACKERS -crackers 5g
 MILK - Variety
 PB&J JAMWICH -32g
 SLIDER CHEESEBURGER -30g
 SOFT PRETZEL/CHEESE CUP -84g
 SWEET THAI CHICKEN/RICE -49g
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #2

BLACK BEANS OR REFRIED BEANS
 buffalo chicken/tortilla chips
 CHEF SALADw/CRACKERS
 MILK - Variety
 PB&J JAMWICH
 SLIDER CHEESEBURGER
 SOFT PRETZEL/CHEESE CUP
 TACO STICKS -40g
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #3

BROCCOLI OR TOSS SALAD
 buffalo chicken/tortilla chips
 CHEF SALADw/CRACKERS
 HAMBURGER ON A BUN -19
 MILK - Variety
 PB&J JAMWICH
 SLIDER CHEESEBURGER
 SOFT PRETZEL/CHEESE CUP
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #4

buffalo chicken/tortilla chips
 CHEF SALADw/CRACKERS
 MILK - Variety
 PB&J JAMWICH
 PEAS OR FRENCH FRIES
 SLIDER CHEESEBURGER
 SOFT PRETZEL/CHEESE CUP
 TERIYAKI DIPPERS -18g
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #5

buffalo chicken/tortilla chips
 CHEF SALADw/CRACKERS
 GREEN BEANS OR CAULIFLOWER
 MILK - Variety
 PB&J JAMWICH
 PEPPERONI PIZZA -33g
 SLIDER CHEESEBURGER
 SOFT PRETZEL/CHEESE CUP
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #6

No Recipes

Day #7

No Recipes

Day #8

buffalo chicken/tortilla chips
 CARROTS OR CHERRY TOMATOS
 CHEF SALADw/CRACKERS
 CHICKEN TENDERS -36g
 MILK - Variety
 PB&J JAMWICH
 SLIDER CHEESEBURGER
 SOFT PRETZEL/CHEESE CUP
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #9

BEEF OR CHICKEN FAJITA TACO - Beet 16g
 BLACK BEANS OR REFRIED BEANS - Chicken -16g
 buffalo chicken/tortilla chips
 CHEF SALADw/CRACKERS
 MILK - Variety
 PB&J JAMWICH
 SLIDER CHEESEBURGER
 SOFT PRETZEL/CHEESE CUP
 VEGGIE/FRUIT BAR
 WRAP SANDWICH

Day #10

BROCCOLI OR TOSS SALAD
buffalo chicken/tortilla chips
CHEF SALADw/CRACKERS
FOOTLONG HOT DOG/BUN -39g
MILK - Variety
PB&J JAMWICH
SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #11

buffalo chicken/tortilla chips
CHEF SALADw/CRACKERS
MILK - Variety
PB&J JAMWICH
PEAS OR FRENCH FRIES
SLIDER CHEESEBURGER -33g
SLOPPY JOE ON BUN
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #12

buffalo chicken/tortilla chips
CHEF SALADw/CRACKERS
FIESTADA PIZZA -28g
GREEN BEANS OR CAULIFLOWER
MILK - Variety
PB&J JAMWICH
SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #13

No Recipes

Day #14

No Recipes

Day #15

buffalo chicken/tortilla chips
CARROTS OR CHERRY TOMATOS
CHEF SALADw/CRACKERS -25g
CHICKEN PATTY SANDWICH
MILK - Variety
PB&J JAMWICH
SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #16

BLACK BEANS OR REFRIED BEANS
buffalo chicken/tortilla chips
CHEF SALADw/CRACKERS
MILK - Variety
PB&J JAMWICH
QUESADILLA -39g
SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #17

BROCCOLI OR TOSS SALAD
buffalo chicken/tortilla chips
CHEF SALADw/CRACKERS
MILK - Variety
PB&J JAMWICH
RIB-B-Q ON BUN -42g
SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #18

buffalo chicken/tortilla chips
CHEF SALADw/CRACKERS
FISH SANDWICH -44g
MILK - Variety
PB&J JAMWICH
PEAS OR FRENCH FRIES
SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Day #19

buffalo chicken/tortilla chips
CHEESE PIZZA -35g
CHEF SALADw/CRACKERS
GREEN BEANS OR CAULIFLOWER
MILK - Variety
PB&J JAMWICH

SLIDER CHEESEBURGER
SOFT PRETZEL/CHEESE CUP
VEGGIE/FRUIT BAR
WRAP SANDWICH

Delete

Cancel